



Frequently Asked Questions

Here are answers to questions that we are often asked about how working with external Consultants can help improve a business' Health and Safety performance.

Why would anyone need to hire a Health and Safety Consultant?

Although Health and Safety ('H&S') is a normal management task, some of the legislation is complex and hence there is a legal requirement for employers to have access to Competent advice. It would be great if this person is one of your staff, but the reality is that most small-to-medium sized businesses don't have a fully-trained person who keeps up-to-date on H&S law - it is therefore cost-effective to contract this out to a H&S Consultancy.

We get our job satisfaction from helping people, so if we think that you're already managing H&S well, then as Chartered H&S Practitioners we will let you know this right from the start.

As there's little chance of HSE or Environmental Health visiting us, why bother?

Good businesses manage H&S for the benefits it brings, rather than because of the penalties that might be levied when something goes wrong. *So what are these benefits?* Well, more companies are choosing only to work with those who have good H&S systems in place. It will give confidence to your customers or suppliers when you show them that you have this area of business well organised. Insurance companies also check the systems you have in place for reducing risk (e.g. Fire Risk Assessment) and so this can lead to lower premiums. But most of all, by pro-actively managing H&S you send a powerful message to your staff that you care about them. This both attracts good workers and raises morale.

Do you carry out all of our risk assessments for us?

Before delving into the detail of specific risk assessments, we help you compile a 'General Risk Assessment'. This is the 'big picture' and enables you to prioritise your efforts and justify working on the biggest risks first. After this, we help you to carry out the 'Specific Risk Assessments' (e.g. Manual Handling, DSE etc.) that are required, training your staff as necessary. This is in line with our philosophy of enabling you to be self-sufficient.

Is hiring a Health and Safety Consultant expensive?

We charge competitive rates and will explain these to you. We will always tell you up front before we do any chargeable work, and it's easy to spread the cost over the year when you take up our PERFORM retained H&S Adviser service.

OK, so how does it work and what help can Just Health and Safety give us?

We can be your company's H&S 'Competent Person' for the length of the contract and guide you easily through the H&S 'red tape'. We set up regular visits over the year to get to know your business and help move your H&S arrangements towards compliance with H&S law. Under our retainer package, we will also be available in between visits by phone or email to answer questions you have along the way.

Contact us to talk about how we can help train your staff and put together your H&S Management System, Policies, and Risk Assessments

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